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Psychomagic presents the shamanic and genealogical principles Jodorowsky discovered to create a healing therapy that uses the powers of dreams, art, and theater to empower individuals to heal wounds that in some cases had traveled through generations. The concrete and often surreal poetic actions Jodorowsky employs are part of an elaborate strategy intended to break apart the dysfunctional persona with whom the patient identifies in order to connect with a deeper self.

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Psychotherapy
be performed without knowing why. In Psychomagic, to the contrary, we need the individual's understanding instead of his superstitious beliefs. The patient should know the reason for each of his actions. The psychomagician makes the transition from witch doctor to adviser. Using psychomagic prescriptions, the patient becomes his own healer.

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Psychomagic: The Transformative Power of Shamanic ...

A healing path using the power of dreams, theater, poetry, and shamanism * Shows how psychological realizations can cause true transformation when manifested by concrete poetic acts * Includes many examples of the surreal but successful actions Jodorowsky has prescribed to those seeking his help While living in Mexico, Alejandro Jodorowsky became familiar with the colorful and effective cures provided by folk healers.

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Psychomagic - Inner Traditions

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INTRODUCTION : #1 Psychomagic The Transformative # Free eBook Psychomagic The Transformative Power Of Shamanic Psychotherapy # Uploaded By Rex Stout, psychomagic presents the shamanic and

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Psychomagic principles Jodorowsky discovered to create a healing therapy that could use the powers of dreams, art, and theater to empower individuals to heal wounds that in some cases

Psychologist and filmmaker Alejandro Jodorowsky offers strategies for using the power of dreams, theater, poetry, and shamanism to heal wounds and overcome psychological challenges.

A workbook for using symbolic acts to heal the unconscious mind • Provides several hundred successful psychomagic solutions for a wide range of specific psychological, sexual, emotional, and physical problems, from stuttering, eczema, and fears to repressed rage and hereditary illnesses • Details how practitioners can develop unique psychomagic solutions for their patients • Explains how psychomagic bypasses the rational mind to work directly with the unconscious for quicker and more enduring change Traditional psychotherapy seeks to unburden the unconscious mind purely through talk and discussion. Psychomagic recognizes that it is difficult to reach the unconscious with rational thought. We should instead speak directly to the unconscious in its own language, that of dreams, poetry, and symbolic acts. By interacting on this deeper

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level, we can initiate quicker and more enduring change to resolve repressed childhood trauma, express buried emotions, and overcome deep-seated intimacy issues. Through the lens of psychomagic, illness can be seen as the physical dream of the unconscious, revealing unresolved issues, some passed from generation to generation. In this workbook of psychomagical spells, legendary filmmaker and creator of psychomagic Alejandro Jodorowsky provides several hundred successful psychomagic solutions for a wide range of psychological, sexual, emotional, and physical problems from stuttering, eczema, and fear of failure to repressed rage, hereditary illnesses, and domineering parents. Each solution takes the same elements associated with a negative emotional charge and recasts them into a series of theatrical symbolic actions that enable one to pay the psychological debts hindering their lives. Explaining the shamanic techniques at the foundation of psychomagic, the author offers methods for aspiring practitioners to develop solutions for their own unique patients. Jodorowsky explains how the surreal acts of psychomagic are intended to break apart the dysfunctional persona with whom the patient identifies in order to connect with a deeper, more authentic self. As he says in the book, "Health only finds itself in the authentic. There is no beauty without authenticity."

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Psychomagic

A glimpse into the mind and life of one of the most creative and enigmatic visionaries of our time, filmmaker Alejandro Jodorowsky • Retraces the spiritual and mystical path Jodorowsky has followed since childhood, vividly repainting events from the perspective of an unleashed imagination • Explores the development of the author's psychomagic and metagenealogy practices via his realization that all problems are rooted in the family tree • Includes photos from Jodorowsky's appearance at the 2013 Cannes Film Festival and from the film based on this book, which debuted at Cannes Retracing the spiritual and mystical path he has followed since childhood, Alejandro Jodorowsky re-creates the incredible adventure of his life as an artist, filmmaker, writer, and therapist--all stages on his quest to push back the boundaries of both imagination and reason. Not a traditional autobiography composed of a chronological recounting of memories, *The Dance of Reality* repaints events from Jodorowsky's life from the perspective of an unleashed imagination. Like the psychomagic and metagenealogy therapies he created, this autobiography exposes the mythic models and family templates upon which the events of everyday life are founded. It reveals the development of Jodorowsky's realization that all problems are rooted in the family tree and explains, through vivid examples from his own life, particularly interactions with his father and mother, how

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Psychiatry
the individual's road to true fulfillment means casting off the phantoms projected by parents on their children. The Dance of Reality is autobiography as an act of healing. Through the retelling of his own life, the author shows we do not start off with our own personalities, they are given to us by one or more members of our family tree. To be born into a family, Jodorowsky says, is to be possessed. To peer back into our past is equivalent to digging into our own souls. If we can dig deep enough, beyond familial projections, we shall find an inner light--a light that can help us through life's most difficult tests. Offering a glimpse into the mind and life of one of the most creative and enigmatic visionaries of our time, The Dance of Reality is the book upon which Jodorowsky's critically acclaimed 2013 Cannes Film Festival film of the same name was based.

Draws on cosmological phenomena of the modern world as well as the author's own research into shamanic and metaphysical belief systems to support the Mayan theory about an unprecedented global shift predicted for the year 2012.

A practical guide to recognizing and overcoming the patterns and influences of the four generations before you • Provides exercises to uncover your family's psychological heritage, heal negative

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patterns of behavior and illness in your family tree, and discover your true self • Explains how we are the product of two forces: repetition of familial patterns from the past and creation of new ideas from the Universal Consciousness of the future • Interwoven with examples from Jodorowsky's own life and his work with the tarot, psychoanalysis, and psychomagic The family tree is not merely vital statistics about your ancestors. It is an embodied sense of self that we inherit from at least four prior generations, constituting both a life-giving treasure and a deadly trap. Each of us is both an heir of our lineage and a necessary variation that brings the family into new territory. Are you doomed to repeat the patterns of your parents and grandparents? Or can you harness your familial and individual talents to create your own destiny? In *Metagenealogy*, Alejandro Jodorowsky and Marianne Costa show how every individual is the product of two forces: the imitating force, directed by the family group acting from the past, and the creative force, driven by the Universal Consciousness from the future. Interweaving examples from Jodorowsky's own life and his work with the tarot, psychoanalysis, and psychomagic, the authors provide exercises, visualizations, and meditations to discover your family's psychological heritage and open yourself to the growth and creativity of Universal Consciousness. They reveal how identifying

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the patterns, emotional programming, and successes and failures of the four generations that influence you--your siblings, parents, aunts, uncles, grandparents, and great-grandparents--allows you to see beyond the stable identity formed by family lineage. It frees you to overcome your inherited subconscious patterns of behavior and illness, stop the transmission of these patterns to future generations, and reconnect with your true self and unique creative purpose in life. By understanding your family tree and your place in it, you open your ability to heal the ancient struggle between the repetitive forces of the past and the creative forces of the future.

The magnum opus from Alejandro Jodorowsky—director of *The Holy Mountain*, star of Jodorowsky's *Dune*, spiritual guru behind *Psychomagic* and *The Way of Tarot*, innovator behind classic comics *The Incal* and *Metabarons*, and legend of Latin American literature. There has never been an artist like the polymathic Chilean director, author, and mystic Alejandro Jodorowsky. For eight decades, he has blazed new trails across a dazzling variety of creative fields. While his psychedelic, visionary films have been celebrated by the likes of John Lennon, Marina Abramovic, and Kanye West, his novels—praised throughout Latin America in the same breath as those of Gabriel García Márquez—have remained largely unknown in the

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English-speaking world. Until now. Where the Bird Sings Best tells the fantastic story of the Jodorowskys' emigration from Ukraine to Chile amidst the political and cultural upheavals of the 19th and 20th centuries. Like One Hundred Years of Solitude, Jodorowsky's book transforms family history into heroic legend: incestuous beekeepers hide their crime with a living cloak of bees, a czar fakes his own death to live as a hermit amongst the animals, a devout grandfather confides only in the ghost of a wise rabbi, a transgender ballerina with a voracious sexual appetite holds a would-be saint in thrall. Kaleidoscopic, exhilarating, and erotic, Where the Bird Sings Best expands the classic immigration story to mythic proportions. Praise "This epic family saga, reminiscent of Gabriel García Márquez's One Hundred Years of Solitude in structure and breadth, reads at a breakneck pace. Though ostensibly a novelization of the author's own family history, it is a raucous carnival of the surreal, mystical, and grotesque." —Publishers Weekly "A man whose life has been defined by cosmic ambitions." —The New York Times Magazine "A great eccentric original....A legendary man of many trades." —Roger Ebert For more information on Alejandro Jodorowsky, please visit www.restlessbooks.com/alejandro-jodorowsky

The complete series of filmmaker Alejandro Jodorowsky's spiritual comics, translated

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Psychomagical
into English for the first time • Contains all 284 of Jodo's Panic Fables comics, published weekly from 1967 to 1973 in Mexico City's El Heraldo newspaper • Includes an introduction describing how the Panic Fables came to be • Explains how he incorporated Zen teachings, initiatory wisdom, and sacred symbology into his Panic Fables, as well as himself as one of the characters In 1967, in response to theatrical censorship rules that put him on the political "black list" in Mexico City and caused his plays and his pantomime classes at the School of Fine Arts to be cancelled, Alejandro Jodorowsky decided to pursue a new form of artistic expression to earn his living: comics. Working with his friend Luis Spota, the editor of the cultural section of the newspaper El Heraldo de México, Jodo initially planned 3 months' worth of weekly comics, which he would draw himself. However, his "Panic Fables"--named after his early '60s avant-garde theater movement in Paris--were met with such insatiable popularity that he continued the series for six and a half years, from June 1967 until December 1973. Appearing for the first time in English, this book presents all 284 of Jodorowsky's Panic Fables in full color, along with an introduction by the author. He reveals how his first comics reflected his pessimism about the future and the meaning of life, the negativity of which soon exhausted him. He realized he needed to show the positivity that he encountered in

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Psychomagic
life, and thus, little by little, he began incorporating Zen teachings, initiatory wisdom, and sacred symbology into his Panic Fables. Through this transformation and the outpouring of support from his devoted readers, many of whom cite the Panic Fables as providing pivotal guidance during their adolescence, Jodo discovered that art can serve to heal as well as raise consciousness. Writing himself into his comics, Jodo can be glimpsed as the character of the disciple who talks with his master and, as the series progresses, gradually grows to assume the role of master, providing psychomagic solutions to the problems of everyday life. In reading the complete Panic Fables in chronological order, much like his film The Dance of Reality, we witness in colorful detail Jodorowsky's own path of spiritual growth.

Enter the mind of Jodo and follow his initiatory saga from Zen disciple to revolutionary filmmaker to spiritual teacher

- Explores the sacred trickery of shamans he encountered, including Carlos Castaneda, and how intention and action matter more than notions of "true" and "false"
- Explains the Way of Kindness and how small acts of generosity and goodness can have a profound effect on your spirit, infusing life with a wealth of happiness
- Includes contributions from friends and students of Jodorowsky on their experiences with him, including his son

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Psychomagic
Adan Jodorowsky Known for his surrealist films, his unique approach to tarot, his symbolic comics, and his shamanic therapeutic method of psychomagic, Alejandro Jodorowsky has accomplished an extraordinary amount in his more than 80 years. In this book, we get an intimate look into the inner workings of the cult figure of Jodo. What is revealed is a man who has evolved since his groundbreaking films of the 1970s, *El Topo* and *The Holy Mountain*, a man who has grown from a sacred trickster, a shaman of psychomagic, into a brilliant spiritual maverick of the 21st century. We get to see Jodo's own reflections on the rich tapestry of his remarkable life, including the initiatory failure of the *Dune* film project, which combined the talents of a multitude of creative greats, including Moebius, Salvador Dali, Orson Welles, Mick Jagger, and H. R. Giger. We learn about Jodo's years with Marcel Marceau and with great masters such as Ejo Takata, whose Zen training featured strenuous physical and mental ordeals; the sorceress Pachita, who performed psychic surgery on Jodo; and the mysterious Carlos Castaneda, whose sacred trickery reveals how intentions matter more than notions of "true" and "false." Discussing the Way of Kindness that he now follows, Jodo reveals how intentionally practicing small acts of generosity and goodness can have a profound effect on your spirit, infusing life with a wealth of happiness. From sacred trickery to

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Psychotherapy
the path of kindness, Jodo's radical wisdom discerns the timeless within the immediate and gauges the everyday by the measure of eternity.

Jodorowsky's memoirs of his experiences with Master Takata and the group of wisewomen--magiciennes--who influenced his spiritual growth • Reveals Jodorowsky turning the same unsparing spiritual vision seen in El Topo to his own spiritual quest • Shows how the author's spiritual insight and progress was catalyzed repeatedly by wisewoman shamans and healers In 1970, John Lennon introduced to the world Alejandro Jodorowsky and the movie, El Topo, that he wrote, starred in, and directed. The movie and its author instantly became a counterculture icon. The New York Times said the film "demands to be seen," and Newsweek called it "An Extraordinary Movie!" But that was only the beginning of the story and the controversy of El Topo, and the journey of its brilliant creator. His spiritual quest began with the Japanese master Ejo Takata, the man who introduced him to the practice of meditation, Zen Buddhism, and the wisdom of the koans. Yet in this autobiographical account of his spiritual journey, Jodorowsky reveals that it was a small group of wisewomen, far removed from the world of Buddhism, who initiated him and taught him how to put the wisdom he had learned from his master into practice. At the direction of

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Psychotopy
Takata, Jodorowsky became a student of the surrealist painter Leonora Carrington, thus beginning a journey in which vital spiritual lessons were transmitted to him by various women who were masters of their particular crafts. These women included Doña Magdalena, who taught him "initiatic" or spiritual massage; the powerful Mexican actress known as La Tigresa (the "tigress"); and Reyna D'Assia, daughter of the famed spiritual teacher G. I. Gurdjieff. Other important wisewomen on Jodorowsky's spiritual path include María Sabina, the priestess of the sacred mushrooms; the healer Pachita; and the Chilean singer Violeta Parra. The teachings of these women enabled him to discard the emotional armor that was hindering his advancement on the path of spiritual awareness and enlightenment.

Analyzing the work of Burning Man, the SF Institute of Possibility, the Jejune Institute, and other groups, this book is a how-to manual for designing transformative or "psychomagic" experiences.

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